### PROGRAM OVERVIEW - BRIEF

#### THE GOAL:

SPIRITUAL RENEWAL/REINFORCEMENT

### THE SOURCE:

THE WORD OF GOD

#### THE INTERACTION:

FOR [30] DAYS, FOR [30] EXTRA MINUTES (PRAY, STUDY, MEDIATE, ENGAGE)

#### THE STRUCTURE:

THREE (3) STAGES, THREE (3) THEMED STUDY SUB-TOPICS

#### THE SCHEDULE:

TEN (10) DAYS INTERVALS, TEN (10) DAYS PER STUDY SUB-TOPIC

#### THE GAIN:

REDISCOVER, GET CLOSER

# 30+/30 CHALLENGE The 5 W's and the All Important "C"

(Key Elements of Personal Interaction & Engagement)

#### WHAT?

The "30+/30 Challenge" is a simple enhancement to the believer's current personal devotional activities.

#### WHO?

Christ followers who desires to strengthen and improve the quality of their spiritual life; and increase/enhance their service to the Lord

#### WHY?

The "30+/30 Challenge" is one of a variety of personal spiritual consecration approaches designed to renew/improve the quality of our spiritual life of the participant.

#### WHEN?

Day one of the "30+/30 Challenge" begins the moment you personally commit to participate in the spiritual exercise.

#### • WHERE?

The activities of the "30+/30 Challenge" can be engaged in at home; at work; at school; in traffic; while waiting for an appointment, or anywhere time a window of times is available. Recall, the goal is to "draw nigh" to the Lord through the means He has so directed us through Scripture.

### • COST (\$\$\$)?

Your commitment to engage in a minimum of 30 minutes of the additional "30+/30" devotional activities for 30 days.

# 30+/30 CHALLENGE

# SPIRITUAL CONSECRATION OVERVIEW

(WHAT IS IT?)

**OBJECTIVE:** the goal of spiritual consecration is simply to improve the standing relationship of communion between the individual Christ follower and the Lord. In other words (as James vehemently exhorted us) we are virtually seeking to "draw nigh" to God.

This practical application of inward and outward actions of purifying sanctification requires the focused commitment and full participation of the individual whose general chief goal is to purge and purify their spiritual lives of "encumbering weights, vain distractions and besetting sin."

Too, Scripture directs us to specifically engage in this level of focused and intense spiritual regiment when confronting pronouncedly formidable, situational life challenges and personal "stronghold" struggles where, we need special Spirit-imparted enablement into order to experience supernatural "break-throughs" in our lives."

The gleaned insightful guidance from Heaven cited in **Isaiah 58:6** highlights for us: "Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?"

When performed properly according to the pattern of biblical instructions (i.e., various methods and approaches), the end result produces an improved quality of spiritual life for the Christ follower by strengthening and increasing our inner spiritual man; renewing and enhancing our spiritual focus; and rekindling our fervor and motivation for spiritual service.

Again, the central focus of the various activities of spiritual consecration is the person of God. Our aim during the duration of the event is to deliberately spend more time in the presence of God commonly through the practice of focused study of some related topic of God's Word and increased time engaged in prayer, mediation and contemplation on the "things of God."

Naturally, our life centering preoccupation on spiritual matters by default will reduce our preoccupation and attention given to other extraneous matters. But, that is the very point of the spiritual exercise.

Through the power of the Holy Spirit, our energized effort is intended to "stir up our pure minds," and inspire us, realign the direction our lives back on the glorious person of the Lord, so that we may freshly and clearly hear His voice, so that we may repent and faithfully do His will.

# 30+/30 CHALLENGE PROGRAM OVERVIEW

The **30+/30 Challenge** program is divided into **three (3) stages** of **10 days**, each focusing on three specific themes/topics of Scripture study listed as follows:

**STAGE (1)** Focus **INWARD:** Spirit-prompted introspection is always the primary first step needed to initiate or renew the continual process of spiritual development and advancement in our lives.

It is unquestionably true that we cannot/will not be a true just and unbiased examiner of our own hearts. Hence, we require the righteous intervention of the Spirit of God, both to enable us to rightly see ourselves and compel us to repent; then to empower us to responsibly do that which is demanded of us holy vocation.

Consequently, our prayer petition should precisely mirror that of the inspired writer of **Psalms 139:23-24**, who earnestly beseeched the Throne of Grace: "Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting."

**STAGE (2)** Focus **UPWARD:** The path forward cannot be properly followed without the intervening aid of the divine guidance. This universal spiritual constant was

readily understood by the faithful who have traveled wellworn path before us.

In fact, the Lord has explicitly promised to order the steps of every sincerely seeking humble heart that submits to His wooing and will, in the same manner detailed in **Psalms 32:8.** 

There He fully assured us: "I will instruct thee and teach thee in the way which thou shalt go: I will guide thee with mine eye."

**STAGE (3)** Focus **OUTWARD:** The supernatural inner heart-work of divine grace is always designed/initiated to ultimately result in the overflowing, outward application of the blessings of the bestowal of this wonderful spiritual enrichment, also upon the lives of others whom the Spirit of God has placed within our life's circle.

Addressing this key topic of spiritual "fruit-bearing," the Lord Jesus explicitly stressed to us in John 15:8: "Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples."

# 30+/30 CHALLENGE PROGRAM DEPLOYMENT

#### **CENTRAL THEME:**

This New, Now Life

**FOCUS OBJECTIVE:** solemnly re-evaluating and authenticating the alignment of our faith-life profession with the immutable, keynote biblical model pattern given to those that have been miraculously graced and granted the wondrous privilege to be made partakers of His divine nature and Spirit-Life found solely in the Glorified Christ.

**FOCUS TEXT:** "I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me."

Galatians 2:20 (KJV)

**DURATION**: 30 Days

PRESENTATION METHODOLOGY: Virtual &

Independent Study

**RESOUCE SITE**: hss-bsa.com

# 30+/30 CHALLENGE THE COMMITMENT

(FOCUS POINTS)

**SEARCH:** Discover and document the text (Scripture) and passages that focus on the key topics. This will involve the activity of "journaling."

**SET:** a spiritual goal to complete by the end of the 30+/30 exercise that will be blessing not just for yourself, but also for someone in need.

**AFFIRM:** your commitment to participating in the challenge by sharing your recorded key Scripture with an accountability partner.

**INVITE:** others to join in the challenge.

**RENEW/REINFORCE:** Pledge to practically renew & reinforce your commitment to your pastor and fellowship assembly of your local church.

**REACH OUT:** When entering the final phase of the challenge, commit to "give yourself away," (i.e., time, talent, treasure) and reach out to, or render service to someone or some organization (i.e., your church, etc.) that promotes the cause of the Kingdom.

# 30+/30 CHALLENGE THE TOPICS

• **INTRODUCTION:** Dying to Live

**SOURCE TEXT:** Colossians 3:3-4

**Focus Text:** "For ye are dead, and your life is hid with Christ in God." Colossians 3:3 (KJV)

Def. **hidden:** give greater (spiritual) knowledge and understanding (insight) about a subject or situation.

**STAGE (1):** The Principal Prerequisite

**SOURCE TEXT:** John 1:4-10; 8:12 (KJV)

**Focus Text:** "Verily, verily, I say unto you, Except a corn of wheat fall into the ground and die, it abideth alone: but if it die, it bringeth forth much fruit."

John 12:24 (KJV)

def. **prerequisite:** something required beforehand or necessary as preparation for something else.

**STAGE (2):** Passionate Persistence

**SOURCE TEXT:** 

**Focus Text:** "Then shall we know, if we follow on to know the Lord: his going forth is prepared as the

morning; and he shall come unto us as the rain, as the latter and former rain unto the earth."

Hosea 6:3 (KJV)

def. **pursue:** to show or indicate the way; have an influence on the course of action.

STAGE (3): Providentially Positioned

#### **SOURCE TEXT:**

**Focus Text:** "And God sent me before you to preserve you a posterity in the earth, and to save your lives by a great deliverance."

Genesis 45:7 (KJV)

def. **positioned:** to beam, emit, gleam; spread from a central point.

WRAP-UP



2024 PROGRAM GOAL

# **SET A SPIRITUAL GOAL**

(COMITTMENT POINT)

GOAL DESCRIPTION:				
SIGN-OFF:				

11

**START DATE:** 

**COMPLETION DATE:** 



#### INTRODUCTION

# The Crucified Way

"I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me." Galatian 2:20 (KJV)

This key inspired testimony expressed by the Apostle Paul to the listening audience of the Galatian Church was more than just an expression of a mere personal spiritual goal or life application principle.

But given that it was penned under the guiding hand of the Spirit on the pages of the eternal record of Scripture, it uniquely defined, clarified and sets forth the central fundamental truth principle that should characterize the life for every succeeding generation of true, redeemed Christ followers.

Recall that this same central element of self-rejection was proclaimed by the Lord Jesus to the vast audience of potential disciples in **Mark 8:34-35.** 

Specifically, the Gospel record remarked: "And when he had called the people unto him with his disciples also, he said unto them, Whosoever will come after me, let him deny himself, and take up his cross, and follow me.

"For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it."

Moreover, the Living Lord further explained in response to the sincere inquiry of one of His Disciples in **John 14:23b**, "If a



man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him."

Christ living "in us" is a sure reality for all whose hearts have been transformed by the Gospel. He distinctly referred to naturally inexplicable supernatural phenomena in **John 17:23** as He prayed to the Father: "I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me."

And thus, **as 2 Peter 1:4b** described, all true Christ followers are numbered among those who have been made "partakers of the divine nature, having escaped the corruption that is in the world through lust."

Consequently, alluding to our new redeemed status before God, Apostle Paul accurately described for each of us in **Galatians 2:20a:** "I am crucified with Christ."

This same amazing divine surety is cited in **Colossians 3:3** which declares to us: "For ye are dead, and your life is hid with Christ in God."

As was also explained to every generation of New Testament believers in **Romans 6:6** and **6:18**, we should fully understand: "Knowing this, that our old man is crucified with him, that the body of sin might be destroyed, that henceforth we should not serve sin.

"Being then made free from sin, ye became the servants of righteousness."

Hence, again here we have a clear portrait of the underlining feature and life practice that should be the distinguishing, visible mark seen on our lives.

The clear evidence of Scripture shows us that "being" a Christ follower involves more than just making a mere profession of



faith. There is a very real supernatural transformation that occurs in the soul that embraces the message of the Gospel of Jesus Christ. Moreover, this divine miracle is the direct work of the Spirit of God

**Ephesians 2:1** emphatically affirmed to us: "And you hath he quickened, who were dead in trespasses and sins."

Too, **Titus 3:5-**6 further elaborates and explains to us: "Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost; Which he shed on us abundantly through Jesus Christ our Saviour."

Naturally, once we have been made "new creatures" in Christ Jesus (2 Cor. 5:17); the immediate follow-up question then surfaces, "Now what?"

#### **NOW WHAT**

In the same manner that the means of our Salvation has been authored by the divine will of God and enacted by the supernatural power of God; likewise, such is the case regarding our subsequent spiritual development.

An illustrated kindred portrait of the Christ follower's "spirit-life" is vividly captured in the depiction the Lord cited to Israel in **Exodus 19:4-6** following the spectacular event of their miraculously liberation. The Lord declared to them: "Ye have seen what I did unto the Egyptians, and how I bare you on eagles' wings, and brought you unto myself.

"Now therefore, if ye will obey my voice indeed, and keep my covenant, then ye shall be a peculiar treasure unto me above all people: for all the earth is mine: And ye shall be unto me a kingdom of priests, and an holy nation."



It is equally the case just as the Lord has delivered us from "the power of darkness and hath translated (placed) us into the kingdom of his dear son" (Col.1:13); now too are we given the charged to honor God by living a holy life before Him.

In the direct instructions of **Romans 6:17-18, 22** we learn: "But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. Being then made free from sin, ye became the servants of righteousness."

"But now being made free from sin, and become servants to God, ye have your fruit unto holiness, and the end everlasting life."

Clearly from this plain (but fully definitive) bible truth we are made to understand that we are not "free" to live as "we please." In fact, truly we have never been "free" to live as we please. Again, the Word of God duly stressed the important point that we have "become servants to God, ye have your fruit unto holiness."

**1 Thessalonians 3:13** explain the objective of our earthly Salvation Experience thus, "To the end he may stablish your hearts unblameable in holiness before God, even our Father, at the coming of our Lord Jesus Christ with all his saints."

That is, once we have been "called out" from a spiritual condition of utter depravity; the developmental goal of the Spirit of God as defined by **Romans 8:29** tells us: "For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren."

The next, question that perhaps comes to mind is, "How this spiritual goal achieved in my life?" And, according to Scripture the answer is to follow "the crucified way."



#### THE CRUCIFIED WAY

Although we do not inherently possess the means to facilitate and produce "spiritual growth" in our lives, Scripture reminds us that it is equally true that process of spiritual develop does not occur in our lives without our full participation and involvement.

Some of the common personal interactive terms that are repeated used throughout the New Testament Epistle are the simple (but powerful) words, "be, let, yield and walk." Each of these are action control words that by default enables or disables some type of activity.

In **Galatians 5:16, 5:25** we read, "This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.

"If we live in the Spirit, let us also walk in the Spirit."

Further in **Ephesians 4:1b**, through the operating power of the Spirit, we are commanded to: "walk worthy of the vocation wherewith ye are called."